



Ms. Paula Lee Colston Cavin

May 5, 1967 - October 21, 2024

It is with heavy hearts that we must say goodbye to our beloved family member, Paula Lee Colston Cavin. Our dear daughter, niece, mother, and grandmother left us Monday evening, October 21, 2024, at the Johnson City Medical Center after an extended illness.

Paula was a native of Johnson City, Tennessee. She was born May 5, 1967, at Johnson City Medical Center and the day she entered the world brought our family so much happiness. Paula attended North Side Elementary School and graduated from Science Hill High School. She went on to meet, make friends, and discover the world around her with so much curiosity and amazement.

Thank you to Paula's friends and acquaintances for your friendship and for accepting her just the way she was. We know that Paula was just Paula, all the time. We're sure if you knew her, your lives were not boring. She never met a stranger, and she loved her friends, her soaps, and her "women's channel" on TV.

We would like to thank the doctors and nurses for what they do every day. Thank you so much for the patience and care given to Paula during her stays at the Medical Center and Lakeridge.

Our family is so grateful to God for the years He gave us with Paula to love and cherish her. We thank Him for staying with her, as He does with all of us. He gave Paula His strength, held her up, and carried her through her trials. He helped her to grow stronger and be brave through all that had to be faced. She has been bossy, loud, opinionated, and funny, but also loving, gentle, a fierce fighter, and courageous. We wouldn't have expected any less from her. After all, she's Paula all the time, and we love her with all our hearts.

In Heaven, Paula will be joining for a "Grand Reunion," her grandmother, Mrs. Martha L. Jordan; great-grandmother, Mrs. Sue Hollis; uncles, Mr. Eldean Colston, Mr. Micheal Jordan, and Mr. James R. "Uncle June" Carroll; and friends she has missed for a long time.

To cherish her memory, Paula leaves behind her mother, Susie M. Colston of Johnson City; son, James "Nugget" (Nikki) Colston; grandchildren, Ja'Niya Colston, Jaleah Colston, Jayda Colston, Christian Colston, and Serenity, all of Indiana; uncle, James J. Colston of Chattanooga, TN; aunts, Earlene Colston of Johnson City and Myra (Melvin) Miller of Johnson City; cousins, Shantavian Colston of Knoxville, TN, Jameson Colston of Chattanooga, TN; and Deqwain Miller of Johnson City; and many more loved ones too numerous to name.

The Colston family would like to thank the friends who took the time to give words of comfort, prayers, and support over the past few months. Thank you so much for your many kindnesses; it has meant the world to us.

Previous Events

Visitation

OCT **26**. 11:00 AM - 12:00 PM (ET)

Birchette Mortuary & Cremation Service, Inc.
219 E Millard St
Johnson City, TN 37601
(423) 926-6013
mitchell@birchettemortuary.com
<https://birchettemortuary.com/>

Celebration of Life

OCT **26**. 12:00 PM (ET)

Birchette Mortuary & Cremation Service, Inc.
219 E Millard St
Johnson City, TN 37601
(423) 926-6013
mitchell@birchettemortuary.com
<https://birchettemortuary.com/>

Interment

OCT **26** (ET)

Washington County Memory Gardens
113 Memory Gardens Rd.
Johnson City, TN 37615

Tribute Wall

SS

“ *Sandra Stevens-Bell sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Sandra Stevens-Bell - December 06, 2024 at 07:22 AM

DS

“ *My deepest condolences to you and yours. Paula was always a sweet young lady to me and my family. May God give you peace and comfort during these dark days ahead.*



Deborah Simmons-Grey - November 16, 2024 at 09:39 PM

PF

“ *Pier Font lit a candle in memory of Ms. Paula Lee Colston Cavin*



Pier Font - November 03, 2024 at 01:34 PM

PB

“ *Patricia Bristol sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Patricia Bristol - October 27, 2024 at 07:28 AM

PR

“ *Paulette Robinson lit a candle in memory of Ms. Paula Lee Colston Cavin*



Paulette Robinson - October 26, 2024 at 03:16 PM

PL

“ *Pep Livingstons sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Pep Livingstons - October 25, 2024 at 12:40 PM

RO

“ *Raymond & Carol Oxendine sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Raymond & Carol Oxendine - October 25, 2024 at 09:45 AM

SB

“ *Sylvia Bachman lit a candle in memory of Ms. Paula Lee Colston Cavin*



Sylvia Bachman - October 25, 2024 at 06:03 AM

PA

“ *Phyllis Askew lit a candle in memory of Ms. Paula Lee Colston Cavin*



Phyllis Askew - October 25, 2024 at 04:31 AM

GC

“ *Georgia Cunningham sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Georgia Cunningham - October 25, 2024 at 03:56 AM

LW

“ *Thank you for being such. A sweet young lady Rest easy my friend and keep smiling You will be missed we loved you but God loved you more*



Louise F. Williams - October 25, 2024 at 02:49 AM

SG

“ *Sending love and prayers for peace.*



Shonda (Birks) Gonzales - October 24, 2024 at 07:56 PM

JP

“ *Jeri patrick purchased the Beautiful Heart Bouquet for the family of Ms. Paula Lee Colston Cavin.*



Jeri patrick - October 24, 2024 at 07:45 PM

JP

“ *Jeri patrick planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Ms. Paula Lee Colston Cavin.*

Jeri patrick - October 24, 2024 at 07:45 PM

CF

“ *Carla Forney lit a candle in memory of Ms. Paula Lee Colston Cavin*



Carla Forney - October 24, 2024 at 02:00 PM

PN

“ *Paggy A Nobleton lit a candle in memory of Ms. Paula Lee Colston Cavin*



Paggy A Nobleton - October 24, 2024 at 01:50 PM



“ *Mary James lit a candle in memory of Ms. Paula Lee Colston Cavin*



Mary James - October 24, 2024 at 01:06 PM



“ *You will not be forgotten but truly missed, rest easy my friend!!* ❤️❤️🙏🙏😭



Eugene Russaw - October 24, 2024 at 11:30 AM



“ *Viola Patton sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Viola Patton - October 24, 2024 at 10:17 AM

LM

“ I shed some tears today for you my beloved sister in Christ Jesus. I'm sorry, my sincere condolences to her family especially her beloved son. I was the house mother where we both lived for a while in a woman's shelter.



Paula was my downstairs secret assistant who helped me keep the peace and order in the house. Lol I remember when it started getting a little crazy. Some females were trying to sneak in the bathroom to do drugs. Paula smelled it and secretly called me. Everytime we got into shady situations like that she would be saying, "Girl let me get my taser!" Lol she wasn't playing with them no more. She was just going to take them out. After she moved out she had called me for help when she needed me. We were in the process of moving her to my building so we could be closer to each other if she needed help. I was suppose to start going over there to help her pack up and get rid of some of the stuff that piled up from when she was in and out of the hospital and rehabilitation center. I was looking forward to her moving in my building. We would have lived our latter years laughing and cutting up together however that wasn't God's Will for us sister. I'll cherish our friendship and time together my friend. I love you girl, Fly High with your angel wings. Toss me a feather so I'll know you made it!!!

LaDonna Miller - October 24, 2024 at 08:50 AM

SG

My Condolences to her Family. Every time I saw Paula she was smiling. I remember the First time I meet Paula she was Dancing and the Life of the Party. She will always be remembered for Being straight up with People whether they liked it or Not. She never changed up on Someone. That's a Damn Good Woman. Heaven gained a real woman. You will be missed rest in peace.

Shinna Jessica "Cook" Goins - October 25, 2024 at 03:03 AM

JW

I so sorry Paula That you Past I Know You Are In God Hands I will All Way Love You Forever I Be Praying For The Family Until We Meet Again Paula From JEFFREY Wells And I THANK YOU For Everything You Have Done For Me PAULA I Love You BABY I GOING MISS YOU ENJOY YOUR WINGS

Jeffrey Wells - December 01, 2024 at 07:28 AM

RC

“ Robin Cardwell lit a candle in memory of Ms. Paula Lee Colston Cavin



Robin Cardwell - October 24, 2024 at 08:34 AM

MD

“ Melvin Drumgoole sent a virtual gift in memory of Ms. Paula Lee Colston Cavin



Melvin Drumgoole - October 24, 2024 at 07:07 AM

MD

“ Condolences to the family

Melvin Drumgoole - October 24, 2024 at 07:05 AM

AS

“ *Paula was a very good friend she always knew how to make me laugh she will be greatly missed RIP my friend '*



Angela Scalf - October 24, 2024 at 12:55 AM

SS

“ *Shauntina Swann lit a candle in memory of Ms. Paula Lee Colston Cavin*



shauntina Swann - October 23, 2024 at 10:18 PM

RS

“ *Rev. Christine Scurry lit a candle in memory of Ms. Paula Lee Colston Cavin*



Rev. Christine Scurry - October 23, 2024 at 10:06 PM

BD

“ *Bethany Davis lit a candle in memory of Ms. Paula Lee Colston Cavin*



Bethany Davis - October 23, 2024 at 09:57 PM

CG

“ *Claudia Goines lit a candle in memory of Ms. Paula Lee Colston Cavin*



Claudia Goines - October 23, 2024 at 08:56 PM

BD

“ *I had known Ms. Paula for a few short years. She was an extremely sweet woman and personality bigger than the great outdoors. A loving, compassionate woman, who had a way of brightening even the darkest of days. Her laugh was as infectious as her personality. My biggest memory of Ms. Paula was her catch phase, "Jesus take the wheel." It is now that I think and even know without doubt that Jesus has in fact, taken the wheel. Ms. Paula, God promises everyone called home a new body. One free from ALL illness. You have that new body in a new home with your friends and family, who have gone before you. Rest in peace my sweet sister. You will be missed.....*

Brian Doiron - October 23, 2024 at 07:07 PM

TR

“ *Tiffany Ryans sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Tiffany Ryans - October 23, 2024 at 06:33 PM

MM

“ *Myra Jan Malone lit a candle in memory of Ms. Paula Lee Colston Cavin*



Myra Jan Malone - October 23, 2024 at 05:51 PM

JN

“ *Jean Neal lit a candle in memory of Ms. Paula Lee Colston Cavin*



Jean Neal - October 23, 2024 at 05:40 PM

JN

I will miss my special girl..loved her! RIP Paula

Jean Neal - October 23, 2024 at 05:41 PM



“ *Linda Workman sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Linda Workman - October 23, 2024 at 05:01 PM



“ Charles Bufford sent a virtual gift in memory of Ms. Paula Lee Colston Cavin



Charles Bufford - October 23, 2024 at 04:47 PM

CB

“ Paula was beautiful soul inside and out. R.I.P my friend



Chandra Bridwell - October 23, 2024 at 04:20 PM

PN

“ Paula was beautiful woman and friend Rest well in Heaven my friend



Pamnita Norwood - October 23, 2024 at 03:43 PM

DA

“ Devonte Morrison Akeem lit a candle in memory of Ms. Paula Lee Colston Cavin



Devonte Morrison akeem - October 23, 2024 at 03:42 PM

DA

Love you ❤️ cuzzo

Devonte Morrison akeem - October 23, 2024 at 03:42 PM

MH

“ Mary Harris lit a candle in memory of Ms. Paula Lee Colston Cavin



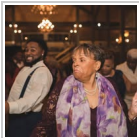
Mary Harris - October 23, 2024 at 03:39 PM

ML

“ Mary Latham sent a virtual gift in memory of Ms. Paula Lee Colston Cavin



Mary Latham - October 23, 2024 at 03:39 PM



“ Carolyn Fain lit a candle in memory of Ms. Paula Lee Colston Cavin



Carolyn Fain - October 23, 2024 at 03:36 PM

LJ

“ *Louis Locke Jr lit a candle in memory of Ms. Paula Lee Colston Cavin*



Louis Locke jr - October 23, 2024 at 03:03 PM

AI

“ *Paula will truly be missed. I watched her grow up and then watched over the years grow into a beautiful woman and person. We shared moments of laughter and moments of woe, and yet she arose to every occasion.. she will be remembered in my heart forever.* 💜

Ailine - October 23, 2024 at 02:50 PM

BA

“ *Babby sent a virtual gift in memory of Ms. Paula Lee Colston Cavin*



Babby - October 23, 2024 at 02:29 PM

AR

“ *Allison Russell lit a candle in memory of Ms. Paula Lee Colston Cavin*



Allison Russell - October 23, 2024 at 02:08 PM

DH

“ *Doris Hampton lit a candle in memory of Ms. Paula Lee Colston Cavin*



Doris Hampton - October 23, 2024 at 01:56 PM

PW

“ *Penny Love White lit a candle in memory of Ms. Paula Lee Colston Cavin*



Penny Love White - October 23, 2024 at 01:52 PM

BW

“ *Bobby & Stephanie White planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Ms. Paula Lee Colston Cavin.*

Bobby & Stephanie White - October 23, 2024 at 01:50 PM

BW

“ *Bobby & Stephanie White purchased the Beautiful I Heart Bouquet for the family of Ms. Paula Lee Colston Cavin.*



Bobby & Stephanie White - October 23, 2024 at 01:50 PM

CE

“ Chelsa E. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Ms. Paula Lee Colston Cavin.

Chelsa E. - October 23, 2024 at 01:17 PM

ML

“ Mazie Love lit a candle in memory of Ms. Paula Lee Colston Cavin



Mazie love - October 23, 2024 at 01:01 PM

ML

Loved me some of her you will be missed.

Mazie love - October 23, 2024 at 01:02 PM

SK

“ Shirley Keller sent a virtual gift in memory of Ms. Paula Lee Colston Cavin



shirley keller - October 23, 2024 at 12:59 PM

SK

“ Shirley Keller lit a candle in memory of Ms. Paula Lee Colston Cavin



shirley keller - October 23, 2024 at 12:59 PM

LH

“ *Paula was an amazing woman friend and person she will definitely be missed by many love u always lady RIP til we meet again prayers for the family who lost a great woman* ”



LINDA HENSLEY - October 23, 2024 at 12:44 PM

BH

“ *My condolences and prayers to the family. Paula always had a beautiful smile. Rest in heaven.* ”



Benita Hopson - October 23, 2024 at 12:42 PM

GR

“ *Gina Rhyans lit a candle in memory of Ms. Paula Lee Colston Cavin* ”



Gina Rhyans - October 23, 2024 at 12:32 PM

VR

“ *Paula was a beautiful person she would let know your place in a beautiful way. You will be missed RIP* ”



Vangeline Rollins - October 23, 2024 at 12:11 PM

EV

“ *Estelle Vaughan lit a candle in memory of Ms. Paula Lee Colston Cavin*



Estelle Vaughan - October 23, 2024 at 11:59 AM

EV

“ *Estelle Vaughan lit a candle in memory of Ms. Paula Lee Colston Cavin*



Estelle Vaughan - October 23, 2024 at 11:58 AM



“ *She was good strong women, great friend n neighbor. Gone but never forgotten. So many memories with this lady. R.I.H. Paula. 💕*



Tonié Hyder - October 23, 2024 at 11:56 AM

JJ

“ *Jaymon, Edna and adeline*



Jaymon Johnson - October 23, 2024 at 11:44 AM

LP

“ *Lori Parks lit a candle in memory of Ms. Paula Lee Colston Cavin*



Lori Parks - October 23, 2024 at 11:42 AM